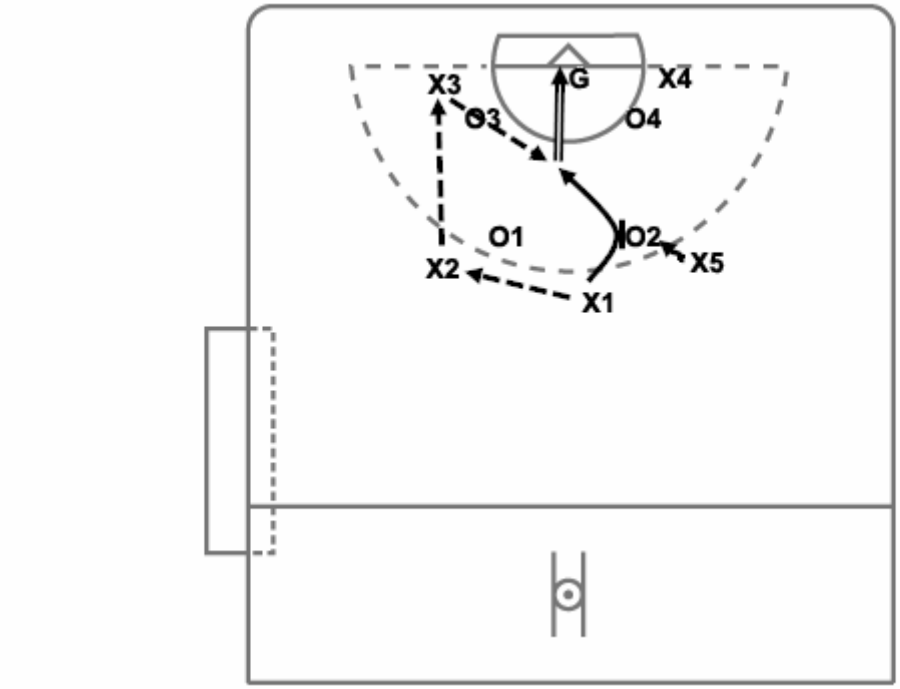
Pick and Roll Power Play

When running this power play, players must be aware that other opportunities will present themselves depending on how the defense reacts.



Top man (X-1) passes to corner man (X-2)
Corner man (X-2) passes to crease man (X-3)
Corner man (X-5) engages defender O-2 to assist with the pick and roll
Top man (X-1) cuts in and sets pick on defender O-2 and the rolls to the net for return pass
Crease man (X-3) passes to top man (X-1) for shot on goal.